The July 2019 meeting of the North Pittsburgh Area Service Committee of Narcotics Anonymous was opened by Russel, Area Chair, at 5:00pm on July 27, 2019, with the Serenity Prayer.

Chrissy read the twelve concepts; Jake read the twelve traditions.

Roll call of the Trusted Servants was performed, listed below.

| Position | Trusted | Attendance |
|---|---------|------------|
| | Servant | |
| Chair | Russel | Present |
| Vice Chair | Natalie | Present |
| Policy & Administration (P&A) Subcommittee | VACANT | - |
| Chair | | |
| Secretary | Ally | Present |
| Vice Secretary | Carl | Present |
| Treasurer | VACANT | - |
| Alternate Treasurer | Gina | Present |
| Hospitals & Institutions (H&I) Subcommittee | Ann | Present |
| Chair | | |
| Activities Subcommittee Chair | Chuck | Absent |
| Public Relations (PR) Subcommittee Chair | VACANT | - |
| Regional Committee Member | Jason | Absent |
| Alternate Regional Committee Member | VACANT | - |
| Literature Coordinator | Natalie | Present |
| Vice Literature Coordinator | Gwen | Present |
| Area Board Representative (ABR) | Jim | Absent |
| Start to Live (STL) Programming Liaison | VACANT | - |
| Web Coordinator | VACANT | - |

There were 3 new GSRs/alternate GSRs present:

- Dave S., Saturday Night Recovery, GSR
- Alex, Living in Recovery, GSR
- Adam, Help Us Help You, GSR

At the start of the meeting, there were 14 voting GSRs present.

June 2019's minutes were accepted with no amendments.

Homegroup reports were performed

| Meeting | Announcement and donation |
|---------------------------|---|
| Afternoon Delight | No announcements |
| Are We There Yet? | |
| Atmosphere of Recovery | No announcements |
| Bellevue Beginners | Anniversary 7/28, FFF 6:30pm, Speaker 8pm; \$78 donation |
| Chapter 7 – Relapse and | |
| Recovery | |
| Cranberry Bigfoot | |
| Cranberry Candlelight | No announcements |
| Discovery in Recovery | |
| Expect a Miracle | \$100 donation |
| Food for Thought | |
| Garden of Hope | Anniversary 8/12 FFF 6pm, speaker 7pm |
| Growing Stronger | |
| HALT Group | \$100 donation |
| Help Us Help You | No announcements |
| Higher Power Group | |
| Hopeful Horizons | |
| It Gets Better | |
| Just for Thursday | No announcements |
| Keeping It Real | |
| Keep on Stepping 2 | Need homegroup members, support, and GSR |
| Lawrenceville Group | |
| Let's Get Honest | |
| Liberty Group | |
| Living in Recovery | Need homegroup members; change format to IP literature discussion |
| Living the Program | |
| Lost Chapel | \$272 donation |
| Miracle on Main Street | |
| Monday Night Solutions | No announcements |
| Monday Night Surrender | |
| NA Way | |
| Need A Miracle | |
| North Hills Group | |
| Real Deal | |
| Saturday Night Live | \$137.35 donation |
| Saturday Night Recovery | No announcements |
| Second Chance | \$40 donation |
| Serenity Café | |
| Sharpsburg Group | No announcements |
| Simply Recovery | |
| Staying Clean for Dummies | |
| Sunday Surrender | Need homegroup members |
| Talking Text | |

| Text Messages | No announcements |
|-----------------------|------------------|
| The Plot Thickens | |
| Vets and Friends | |
| We Are Hooked on Hope | |
| We Have A Choice | |
| We is the Key | |
| Women Strong | |

Russel, Chair, confirmed that no present homegroups were missed in the group reports.

The Area positions currently open were listed:

Policy and Administration Subcommittee Chair, Treasurer, Public Relations Subcommittee
Chair, Alternate Regional Committee Member, and Start to Live Programming Liaison, and
website coordinator.

There were no nominations for Area or non-Area/Regional positions.

Subcommittee Reports were performed

Public Relations Subcommittee – vacant, no report

Hospitals & Institutions Subcommittee – See subcommittee report

- Carl F. was voted as panel coordinator for male adolescent facility.
- Lots of positions are open, H&I plans to host more workshops
- They are passing around a sign-up sheet to get involved in H&I to speak at a facility and/or act as a panel coordinator/leader. We will take these home to the homegroups
- The following positions are open (panel leader position unless otherwise noted):
 - Facility location day of the week, time of the commitment, week of the month the commitment is open
 - Wexford panel coordinator
 - Wexford Mondays @ 8pm, 3rd week & Thursdays @1:30pm, 3rd and 4th week
 - Adolescent facility
 - Male Thursdays @ 7pm, 3rd and 5th week
 - Females Sundays at 7pm, 2nd and 5th week
 - Females Thursdays at 7pm, 1st, 4th and 5th week
 - Aspinwall facility Thursdays at 7pm, 2nd and 4th weeks
- See additional information in the sharing session.

Regional Committee Member -

RCM was absent, no report was given. Next Regional Meeting is August 10th.

Policy and Administration Subcommittee - vacant - no report

Activities Subcommittee

Activities subcommittee Chair not present, no report.

Trusted servants agreed that we should leave the announcement in the GSR report regarding the hayride until the subcommittee indicated otherwise.

Website Committee - Vacant - see subcommittee report on behalf of Ally

The website chair position is vacant but it is the duty of the secretary to fulfill that position in the absence of a chair. Ally provided a report.

Start to Live Programming Liaison – vacant – no report.

**the literature report was not yet ready so the group elected to move onto the sharing session in the interim

Sharing Session -

The sharing session was utilized to discuss some needs for H&I therefore the components of the sharing session are included below.

In lieu of listing the open H&I positions in the GSR report, it was agreed upon that instead GSRs would state that H&I needs support and refer people to the sign-up sheets that would be sent back with the GSRs. In the announcement for the GSR report, we would include what's needed for each position (in addition to adding this information to the sign-up sheets).

Trusted servants were reminded to note locations of the facilities, not the facilities themselves, to avoid breaking tradition.

To help fill these positions, it was recommended that we ask at Region and/or NAWS – how do they fill their positions? It was felt that this was stressed at an individual level. One could also bring up the topic of filling H&I positions at meetings.

Literature Report – see subcommittee report

Treasurer Report – See attached

Old business -

At June's area service, the group discussed the quantity of meetings that need support in our area. The creation of an ad hoc committee was discussed. At July's area service, this ad hoc committee for outreach was officially formed c/o the Chair, Russel.

Ron M. is willing to chair the committee. The committee itself is exploratory with the goal of figuring out what we can do as an area to help, if anything. bring back that information and see if this is something we want to pursue as far as creating a new subcommittee.

Ron M. discussed the plan. Anyone interested in participating in the ad hoc committee was encouraged to see him after Area service or at a meeting. The committee will go to every meeting to see what they need. Find out if there are any changes to their meeting (location, format, etc.) which are not reflected on the website. In addition they'll find out if they need to be on the list of groups needing support (perhaps they don't have a GSR to come to area to tell us). Do these groups need support, do they want to be on the list, do they want to find out more about area. Update the NAWS/Region/Area website accordingly. The best way to serve addicts is by serving homegroups and getting involved. The group will develop a schedule to ensure all meetings are captured.

We have the opportunity to go to meetings that need support instead of just where our friends go.

Another addict brought up the concern that we have tons of open positions as it is, we already need support at an area level, why create a new committee that also needs support?

Another addict mentioned that this task was done about 6 years ago by the Public Relations Subcommittee. They were able to identify meetings that were requesting support but had several homegroup members whereas there were others that only had 1 homegroup member. Depending on the outcome, it might be worthwhile looking into a position within PR related to this. The ad hoc committee could become part of PR.

New business -

The present voting members were recounted – 14.

There were two motions in new business:

- July 2019 motion brought on behalf of the H&I subcommittee GSRs to take H&I speaker signup sheets to homegroup meetings and place next to displayed pamphlets (intention not noted on motion but discussed during subcommittee report) – motion passed
- July 2019 motion #2 To donate \$479.52 to Region. Intent to carry the message to the addict who still suffers motion passed.

Carl F. raised the idea of donating to the Newcomers Fund at Region. Our Area could designate a certain percent of our donation go towards that. He is going to look into this further and bring additional information to next month's area. He brought it up now so that people could start thinking about such an idea.

The group was reminded that August's Area service meeting would be the first week of September due to the holiday.

Meeting was closed (time not noted).

NPASCNA SUB-COMMITTEE REPORT

Month:

COMMITTEE NAME COMMITTEE CHAIR COMMITTEE CHAIR TELEPHONE # regmail.com COMMITTEE CHAIR EMAIL REPORT: CAR WAS NOTED AS PAUR GORDINATOR 1) (WEXFORD) 15 LOOKING for & Proel Corrollation (WEXFORD) Needs fluel leaders & mon. & oc 3 RD WK Adolescent facility - Panel (/exes: A Females Soundy Togan A FEMALES THURS TOM 1ST, 44h, 5th wax 4) (ASPINWALL) NEEDS AGENT GOODS AT THIS.

SUBMITTED BY: _____

(please print name)

NPASCNA SUB-COMMITTEE REPORT

Month: <u>July</u> 2019

| COMMITTEE NAME | : | Website |
|--|-------------|---|
| COMMITTEE CHAIR | | Vacant (Ally secretion |
| COMMITTEE CHAIR TELEPHONE # | * | |
| COMMITTEE CHAIR EMAIL | : | |
| REPORT: Need chair. a of secretary pos | lly H | will fill in as part on in interim. |
| issue(s): <u>Need chair</u> s have bandwidth to n | Coon edo | unator. Ally doesn't website 5 coordinator |
| ANNOUNCEMENT(S): OPEN | Ð(C | Daitions |
| SUBMI | ITTED | BY: Ally L. (please print name) |

NPASCNA SUB-COMMITTEE REPORT

Month: July 2019

| COMMITTI | EE NAME | | : | LITERATURE |
|-----------|-------------------|---------|------|--|
| COMMITTE | EE CHAIR | | • | NATALIE H |
| COMMITTI | EE CHAIR TELE | PHONE # | : | REDACTED |
| COMMITTI | EE CHAIR EMAI | L | | @yahoo.com |
| REPORT: | START: BOUGHT: | | | · |
| | TOTAL: | 2,410. | . 01 | |
| | 501D: | 346. | 57 | THE STATE OF THE S |
| | TOTAL: | 2,063 | .44 | |
| | EST: | 500 | | |
| ISSUE(S): | | | | |
| | | | | |
| | | | | |
| ANNOUNC | EMENT(S): | BACKORI | 06RS | S-Come GET 'Em! |
| | | | | |
| | Western Western | | | |
| | | 117 | | |
| | | | | |

SUBMITTED BY: NATALIE 4

(please print name)

| GRAND TOTAL BEGINNING BALANCE | \$2,451.41 |
|--------------------------------|------------|
| AREA SERVICE BEGINNING BALANCE | \$1,550.00 |
| ACTIVITIES BEGINNING BALANCE | \$901.41 |

GROUP DONATIONS

| A.C | | |
|--|-------------------|----------|
| Afternoon Delight | \$ | - |
| Are We There Yet | \$ \$ \$ \$ \$ | - |
| Atmosphere of Recovery | \$ | - |
| Bellevue Beginners | \$ | 78.00 |
| Chapter 7 Relapse & Recovery | \$ | - |
| Cranberry Bigfoot | \$ | - |
| Cranberry Candlelight | \$ | - |
| Discovery in Recovery | \$ | - |
| Expect a Miracle | \$ \$ \$ | 100.00 |
| Garden of Hope | \$ | - |
| Growing Stronger | \$ | - |
| H.A.L.T. Group | \$ | 100.00 |
| Help Us Help You | \$ | - |
| Higher Power Group | \$ | - |
| Hopeful Horizons | \$ | - |
| It Gets Better | \$ \$ | - |
| Just for Thursday | \$ | - |
| Keeping It Real | \$ | - |
| Keep On Stepping 2 | \$ | - |
| Lawrenceville Group | \$ \$ \$ | - |
| Let's Get Honest | \$ | _ |
| Liberty Group | \$ | _ |
| Living in Recovery | \$ \$ | _ |
| Living the Program | \$ | |
| Lost Chapel | \$ \$ | 272.00 |
| Miracle on Main | \$ | <u> </u> |
| Monday Night Serenity | ¢. | <u> </u> |
| Monday Night Solutions | 4 | <u> </u> |
| NA Way | \$ \$ | <u> </u> |
| NA Way Need a Miracle | 4 | <u>-</u> |
| | \$ \$ | |
| North Hills Group | \$ | - |
| Real Deal | * | 127.25 |
| Saturday Night Live | \$ | 137.35 |
| Saturday Night Recovery | \$ | - |
| Saxonburg 12 & 12 | \$ | - 40.00 |
| Second Chance | \$ | 40.00 |
| Serenity Café | \$ | - |
| Sharpsburg Group | \$ | 46.47 |
| Simply Recovery | \$ | - |
| Staying Clean for Dummies | \$ | - |
| Sunday Surrender | \$ | - |
| Talking Text | \$ | - |
| Text Messages | \$ | - |
| The Plot Thickens | \$ | - |
| Vets and Friends | \$ | - |
| We Are Hooked on Hope | \$ | - |
| We Have a Choice | \$ | - |
| We is the Key | \$ | - |
| Woman with Dignity | \$ | - |
| Zelienople Group | \$ | _ |
| onthly Group Donation Total | \$ | 773.82 |
| <i>-</i> | | |
| onthly Area Literature Purchases | \$ | 346.57 |
| oided or Returned Check(s) TOTAL INCOME | \$ | <u> </u> |
| | \$ | 1,120.39 |

| <u>EXPENSES</u> | | | | |
|---------------------|---------|---------------------|----|------------|
| PAYABLE TO | CHECK # | NOTE | | AMOUNT |
| Activities Increase | | Annual Refunding | \$ | - |
| Berkeley Hills | 1940 | Church Rent | \$ | (20.00) |
| Brad H | | H & I Workshop | \$ | - |
| Gina B | | H&I | \$ | - |
| Gina B | | Treasurer | \$ | - |
| HostGator.com | | Annual Domain | \$ | - |
| HostGator.com | | Hatchling | \$ | - |
| Jason K | | RCM | \$ | - |
| Natalie H | | Literature Supplies | \$ | - |
| PNC Bank | | Bank Fee | \$ | - |
| PNC BANK | | Returned Check Fee | \$ | - |
| PNC Bank | | Stop Payment Fee | \$ | - |
| Russel S | | Area Chair | \$ | - |
| TSRSCNA | 1942 | Region Donation | \$ | (479.52) |
| TSRSO | | H&I Literature | \$ | - |
| TSRSO | 1941 | Area Literature | \$ | (620.87) |
| USPS | | PO Box Fee | \$ | - |
| | | EXPENSES TOTAL | \$ | (1,120.39) |

| <u>ACTIVITIES</u> | | |
|----------------------------------|------|--------|
| BEGINNING BALANCE | \$ | 901.41 |
| <u>INCOME</u> | | |
| Bike Run | \$ | - |
| Bowling Party | \$ | - |
| Comedy Show | \$ | - |
| Hayride | \$ | - |
| Re-funding | \$ | - |
| Summer Picinic Advance Remainder | \$ | - |
| T-Shirts | \$ | - |
| INCOME TOTAL | \$ | - |
| | | |
| <u>EXPENSE</u> | | |
| Bike Run | \$ | - |
| Bowling Party | \$ | - |
| Comedy Show | \$ | - |
| Hayride | \$ | - |
| Summer Picinic | \$ | |
| T-Shirts | \$ | |
| EXPENSE TOTAL | \$ | - |
| ACTIVITIES ENDING BALANC | F \$ | 901 41 |

AREA SERVICE ENDING BALANCE AREA & ACTIVITIES ENDING BALANCE

\$1,550.00 \$2,451.41

Business Checking

For the Period 06/22/2019 to 07/22/2019

NPASCNA PO BOX 15473 PITTSBURGH PA 15237-7473 PNCBANK

Primary Account Number.

Page 1 of 2

Number of enclosures: 0

For 24-hour banking sign on to

PNC Bank Online Banking on pnc.com

FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG Monday - Friday: 7 AM - 10 PM ET

0247

Saturday & Sunday: 8 AM - 5 PM ET

Para servicio en espanol, 1-877-BUS-BNKG

Moving? Please contact your local branch

Mrite to: Customer Service

PO Box 609

Pittsburgh, PA 15230-9738

Visit us at PNC.com/smallbusiness

TDD terminal: 1-800-531-1648 For hearing impaired clients only

Watch Where You Click

Be sure the emails, texts and phone calls you receive are from a trusted source and do not give out personal information, such as credit card numbers, Social Security numbers or other banking details, unless you have verified the sender. If you are unsure, contact PNC directly by typing www.pnc.com into your Internet browser or call PNC using a phone number provided on the www.pnc.com website. DO NOT use contact information contained in the suspect email or text. If you suspect you've received a fraudulent text message that appears to be from PNC, take a screen shot of the text message on your mobile phone and forward it to PNC Abuse (abuse@pnc.com).

Business Checking Summary

Account number:

Overdraft Protection has not been established for this account. Please contact us if you would like to set up this service.

Balance Summary

Beginning 2,431.57

Deposits and other additions 1,574.23 Checks and other

Ending 3,773.57

Average ledger balance

Average collected balance

3,427.76

232.23

Npascna

3,396.57

| Deposits and Other Additions | | | Checks and Other Ded | luctions | |
|------------------------------|-------|----------|----------------------|----------|--------|
| Description | Items | Amount | Description | Items | Amount |
| Deposits | 3 | 1,574.23 | Checks | 4 | 232.23 |
| Total | 3 | 1,574.23 | Total | 4 | 232.23 |

Daily Balance

Ledger balance Date 06/22 2,431.57 3,947.57 07/01

Date 07/08 Ledger balance 3,793.57 Date 07/15 Ledger balance 3,773.57

Less: Chark # 1638 (491/13) Literature
1639 (831.03) Donation
No just of Balance \$ 2451.41

Business Checking

For 24-hour account information, sign-on to pnc.com/mybusiness/

For the Period 06/22/2019 to 07/22/2019

Primary Account Number

-0247

Business Checking Account Numbe

-0247 - continued

Page 2 of 2

| Activity [| Detail |
|------------|--------|
|------------|--------|

07/08

07/01

| Date posted | | Amount | Transaction description |
|----------------|------------|--------|-------------------------|
| 07/01 | \searrow | 19.84 | Deposit |
| 07/01 | \sim | 867.75 | Deposit |
| 07/01 | \searrow | 686.64 | Deposit |

Reference number 035661792

035661794 035661802

Checks and Other Deductions

| Chec | ks and Sul | bstitute (| Checks |
|-------------|-----------------|------------|--------|
| Date posted | Check number | , | Amount |

| I | Check number | Amount | Reference number |
|---|-----------------|--------|---------------------|
| | 1634 * | 154.00 | 074153077 |
| | 1635 | 15.29 | 035661819 |

| Ar | mount | Reference number |
|--------|-------|---------------------|
| \vee | 42,94 | 035661820 |

| Date | Check |
|--------|--------|
| posted | number |
| 07/15 | 1637 |

| Reference number | Amount | |
|---------------------|--------|--|
| 073072093 | 20.00 | |

Detail of Services Used During Current Period

Note: The total charge for the following services will be posted to your account on 07/23/2019 and will appear on your next statement as a single line item entitled Service Charge Period Ending 07/22/2019.

* Gap in check sequence

Date Check posted number

1636

07/01

| Description | Volume | Amount | |
|-------------------------------------|--------|--------|---------------------|
| Account Maintenance Charge | | .00 | Requirements Met |
| Combined Transactions | 30 | .00 | Included in Account |
| Checks Paid | 4 | .00 | Included in Account |
| Deposited Item - Consolidated | 23 | .00 | Included in Account |
| Deposit Tickets Processed | 3 | .00 | Included in Account |
| Total For Services Used This Period | | .00 | |
| Total Service Charge | | .00 | |

NPASCNA MOTION SUBMISSION FORM

| DATE | : | 2019 2019 |
|-----------------|-----------|---------------------------------------|
| | | · · · · · · · · · · · · · · · · · · · |
| MOTION | : | GSR'S O TAKE HAI |
| | | SPEAKER STEWUP Shorts to H.G. |
| | | meetings. PLACE NEXT to |
| | | Displayed Amplets. |
| | | |
| | | |
| INTENT | * | |
| | | |
| | | |
| | | |
| • | | |
| | | |
| INITIATED BY | : | H\$ 1 SUbcommittee |
| • | | |
| SECONDED BY | : | Just For Thursday |
| | | |
| For Secretary U | se Only - | Vote Count |
| | • | |
| IN FAVOR | * | · |
| OPPOSED | : | |
| ABSTAINED | : | |
| | | |
| RESULT | : | |
| | | |
| | | |

NPASCNA MOTION SUBMISSION FORM

| DATE | ; | 1/27/19 |
|-----------------|-------------|--|
| | | , (|
| MOTION | : | To donate \$479.52 to |
| | | Region |
| | | , , , , , , , , , , , , , , , , , , , |
| | | |
| | | |
| | | |
| INTENT | ** | To carry the message to |
| | | To carry the message to the addict who still suffers |
| | | suffers |
| | | |
| · | | |
| | | |
| INITIATED BY | : | Just For Thursday |
| • | | |
| SECONDED BY | : | Kon We - Lost Chapel |
| | | |
| For Secretary U | se Only - \ | vote Count |
| IN FAVOR | | |
| | : | |
| OPPOSED | : | |
| ABSTAINED | : | · |
| P. P. C. I. | | |
| RESULT | : | |
| | | |
| | | |